

UUSB Green Sanctuary Congregation Survey

UUSB 120 Park St Bangor, ME 04401

OH NO - NOT ANOTHER SURVEY! If that is your reaction when you receive this, we understand! And we need you to know that in these initial stages of the process of becoming a Green Sanctuary we are asked to conduct a survey to get you thinking about what it means to be green and to give the committee a snapshot of our Congregation's attitudes and behaviors. This is something we need to do before we can apply for certification. So please take a few minutes to complete this survey – bring it in and deposit it in the Green Sanctuary Survey box in the Dorothy, give to a Committee member, or send to the church. We thank you in advance for your participation!

The Committee's goals for this survey are:

- ❖ **To meet a UUA requirement that a Green Sanctuary Committee conduct a survey or audit of the church and/or congregation.**
- ❖ **To determine our congregation's baseline lifestyle patterns at the start of our Green Sanctuary program, and to find out if that pattern changes in a year.**
- ❖ **To help you see (from the survey questions) opportunities to reduce your ecological footprint and achieve a more environmentally sustainable lifestyle.**

Your answers to this survey are confidential and will only be viewed by the members of the UUSB Green Sanctuary Committee. The reporting of survey results will not reveal any individual's answers.

In each instance, please check the answer that most reflects your current practices: A=Always, S=Sometimes, N=Never

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1. Which of the following most closely match your current practices in solid waste reduction?

A S N

- compost yard waste
- compost kitchen scraps
- recycle metal
- recycle glass
- recycle plastics
- recycle newspapers
- recycle other paper
- recycle cardboard
- buy in bulk

A S N

- use reusable towels, rags, napkins
- use reusable plates, flatware & cups
- purchase recycled paper products
- avoid excess packaging
- limit use of highly packaged "convenience foods"
- avoid use of Styrofoam
- Recycle clothes by using Goodwill or consignment stores

2. Which of the following most closely match your current practices in reducing transportation energy waste?

A S N

- carpool whenever possible
- plan shopping/errands to minimize number of trips
- use public transportation (where routes are available)
- use bike for short trips
- walk for short trips and/or park in central place and walk from store to store
- at replacement time substitute higher mileage vehicle
- at replacement time consider hybrid or bio-diesel

How far do you travel to work? _____ **church?** _____

3. Which of the following most closely match your current practices in reducing energy waste?

A S N

- set winter thermostat low (65-68) and summer thermostat high (73-75)
- have energy audit and/or improve home insulation
- replace all incandescent light bulbs with fluorescent (except for motion sensors)
- turn off lights when not in use
- dry clothes on racks
- at end of life cycle, replace appliances, furnace system, water heater, etc., with Energy Star (low energy usage) products
- sign up for Efficiency Maine or other earth friendly energy sources
- use solar energy for electric needs
- consider alternative energy sources such as solar, wind, etc.
- turn off lights & heat in church when you are among the last ones there after a meeting or event
- unplug or turn off power strip on standby appliances (TV, computer, stereo, recharging units, etc.) when not in use

4. Which of the following most closely match your current practices in conserving water?

A S N

- use low-flow shower heads & aerators on faucets
- reduce or eliminate outdoor watering
- take short showers or less frequent showers (no baths)
- use or install low flow toilets (and consider composting toilets)
- reduce car washing - use facility that recycles water
- when using washing machine or dish washer, use only with full load
- set up and use a rain barrel
- turn off water while brushing teeth or washing hands

